



The New Diploma in Kinesiology HLT 52415

In June 2015, mandatory changes to Kinesiology qualifications will affect all, yes ALL, Registered Training Organisations.

So what does this mean?

HLT51507 Diploma in Kinesiology is being replaced by HLT52415 Diploma in Kinesiology. The Certificate IV HLT42812 will no longer be available. The Diploma will be the minimum nationally recognised qualification recognised by the National Training Authority. Anything else is not classified as official training by the ATO and therefore requires GST. The Diploma is GST exempt.

Students already undertaking the Diploma HLT51507 or Certificate IV HLT42812 will have until a specified date to complete their current qualification.

Kinesiology Schools Australia will offer two high quality Kinesiology courses from July 1st, 2015.

- HLT52415 Diploma in Kinesiology
- Kinesiology Practitioner Level 1 (KPL1)

KPL1 will be the first 11 months of the new Diploma and will fulfil the requirements for a level one practitioner with the Kinesiology associations.

HLT52415 Diploma in Kinesiology is accredited by:

- ASQA (the Australian National Training Authority)
- AKA (Australian Kinesiology Association)
- AIK (Australian Institute of Kinesiologists)
- Qualifies for Austudy assistance (Centrelink approved)
- Health Funds require a Diploma in Kinesiology

KPL1 Kinesiology Practitioner Level 1 is accredited by:

- AKA (Australian Kinesiology Association)
- AIK (Australian Institute of Kinesiologists)
- Not ASQA accredited therefore not Austudy approved

Note 1: KPL1 Graduates qualify to join associations (AKA and AIK) and work as a Kinesiologist

Note 2: All units of KPL1 are included in the first year of the first year of Diploma.



HLT52145 Diploma in Kinesiology

Course duration: 2½ years (can be completed in 2 years)

Kinesiology Units: 25 high quality professional Kinesiology units taught on 18 weekends over 2 years

Non Kinesiology Units: 8 units completed externally over 2½ years

A Quick Overview:

On completion of the KSA Diploma in Kinesiology you will be a competent and confident Kinesiology practitioner, recognised by both Australian Kinesiology associations (AIK and AKA), the Australian National Training Authority (ASQA) and the health funds that pay on Kinesiology. The advanced techniques and skills you acquire in this course enable you to become a successful and highly sought after professional Kinesiologist.

Year one Kinesiology subjects start with the basics, providing the most solid grounding in the field and build to conclude with some powerful intermediate techniques so you can start your career while you partake and complete your Diploma. After the first year you will be able to register as a level 1 Kinesiology practitioner with either the AIK or the AIK and start building your practice.

Year 2 subjects continue your skills to advanced, making sure you have the best opportunity for success.

Throughout the Diploma there is plenty of practical experience gained in class activities during every unit, student clinic, expo's (optional at no extra cost) and student practice nights (optional at no extra cost). All this along with the supervision of your experienced teacher fine tunes your skills so you obtain the best possible results with your clients. Our graduates are amongst the best in the field and become highly sought after practitioners.

Lecturers:

Your lecturers led by Danny Liddell, Author of How Kinesiology Works, are all successful practitioners. Danny's clinic, Bracken Ridge Natural Therapies, has been independently voted Best Business in Health on Brisbane's Northside an amazing 9 times.

The College:



Kinesiology Schools Australia (KSA) is a Kinesiology college, not a naturopathic or massage college teaching some Kinesiology to fill class numbers. We specialise in Kinesiology. It makes a difference!

Unlike most colleges, your college has separate lecture and practice rooms providing the right environment for what you are learning at the time.

Geebung is just a short drive from Gympie Rd and the Gateway Motorway. There is plenty of free parking and Geebung Railway station is just a short walk from the college.

Student Support:

Students receive extraordinary support from the college. Monday to Friday from 9-3pm most weeks there is phone support from past graduates working in our office. There is a Facebook support group and a student membership website with supporting documents and videos.

Optional practice nights are regularly held in Brisbane, and have now been expanded to Gold Coast, Sunshine Coast and Toowoomba. They range from a minimum of one to four every month depending on where you live. This should continue depending on student numbers in the areas.

There is also a free mentoring system to support 1st year students.

Price:

All classes, assessments (one resit included if required), class notes, handouts, expos, student clinic and practice nights are all included in the price. The only extra costs are a few texts (1x Anatomy and Physiology, 2-3x Nutrition), First Aid and a massage table.

Charts, test kits or other recommended books are optional to purchase for those that want them.



KINESIOLOGY UNITS

25 high quality professional Kinesiology units taught on 18 weekends over 2 years

Year 1

BKP101-BKP109 These first 9 Kinesiology units provide a solid grounding of Kinesiology knowledge and skills starting at the basics and continuing to intermediate and the introduction of some advanced techniques. This is the most efficient basic skills course available. The 10th unit, EMS201, provides effective counselling techniques to defuse stress and help the client come up with answers to their problems to move forward.

BKP101 Energisers and Self Testing

BKP102 Manual Muscle Testing

BKP103 The Chinese 5 Elements

BKP104 Kinesiology and Superficial Connections

BKP105 5 Elements in-depth

BKP106 Professional Skills – Balancing Protocol with PKP Database

BKP107 Pain Reduction

BKP108 Balancing with Food

BKP109 Advanced Muscle Techniques – Reactivity and Posture

EMS201 Mastery of Emotional Stress Release

Year 2

The first year of study provides a solid grounding that qualifies you to register as a level 1 practitioner and start working as a Kinesiologist to build your clientele as you complete your Diploma.

Each 2nd year unit, group together similar techniques, building a progressive skill set to make sure you have the depth of knowledge and skills to help each individual problem your client presents.

Units are categorised into the following; Emotions, Environment and Nutrition, Joints, Learning, Muscles and Vibrational Energies.

EMS302 Subconscious Self-Perception



ECO201 Lifestyle and Dietary Modification

ECO202 Immune Mismatch Responses, Allergies and Hypersensitivities

ECO301 Adrenal, Geopathic and Life Energy

JAF201 TMJ and Cranials

JAF301 Ligaments and Joints

MST201 Muscle and Skin Activation

MST202 Shoulder, Elbow, Hand Muscle Protocol

MST203 Hip, Leg and Foot Muscles

MST301 Head, Neck and Trunk Protocol

PIB203 Basic Brain Integration Skills (for learning difficulties)

VEF201 Flower Essences

VEF301 Gems and other Vibrational Energy Fields

VEF302 Metaphysical Energy Fields

Student Clinic

NON KINESIOLOGY UNITS: 8 units completed externally over 2½ years

FIRST AID

ANATOMY AND PHYSIOLOGY 1 & 2

CLINICAL SAFETY

SMALL BUSINESS PLANNING & MARKETING

NUTRITION & HEALTH PRODUCTS

MENTORING

WORKING WITH DIVERSITY

COMMUNICATION, LEGAL, ETHICS AND REFLECTION